



Street Dance Suggested tracks

Level 1 – Grade 1

The music tracks listed below are intended as repertoire suggestions only. It is **not** an RSL requirement that you use these music tracks.

It is the responsibility of the teacher to select the most appropriate music tracks required for students in their unique class/school.

The web links listed below are intended as helpful suggestions only.



Locking

Activity	Suggested music tracks Recommended beats per minute (bpm) 118 - 129	Web Links
Warm up	James Brown - the Boss Kool and the Gang - Get Down On It Cameo - Word Up	BBC Teach - Locking Workshop
Technical skills	Aretha Franklin - Rock Steady Stevie Wonder -I wish Tuxedo - Watch the Dance Lakeside - Fantastic Voyage Tom Brown - Funkin' for Jamaica	LilB How to Lock Skeeter Rabbit - Locking Tutorial
Performance routine	James Brown - Get Up Offa that Thing Kool and the Gang - Jungle Boogie James Brown - Papa's Got A Brand New Bag Average White Band - Pick up The Pieces Mark Ronson and Bruno Mars - Uptown Funk	Bezi Kids Locking Showcase Uyghur Kids Locking Dance to Uptown Funk Kids Locking
Cool down	Cameo - Candy Jazzkantine - Hey Mr DJ The Brothers Johnson Stomp! Juste Debout	
Homework and contingency	Don Campbell The Lockers Juste Debout Swedish Lockers (Don Campbell Tribute) Dance Films - dance movies such as 80s classic Breakin' 1&2, You Got Served, Step Up Serie	The 'Kidz Bop' Kids Part 1 HipHop and Locking Drill Class Jeffrey Daniel Street Dance Don 'Campbellock' Campbell - The Creator of Locking HipHop Kids Dance Indonesia



	Activity	Suggested music tracks Recommended beats per minute (bpm) 118 - 129	Web Links
House	Warm up	Reel People - Can't Fake the Feeling Daft Punk - One more time Dompe - Too Tonight	Andre Bright - Non-stop House Dance Workout Dancercise - Beginner 10 minute warm up House Dance 5 minute warm up
	Technical skills	Dennis Ferrer - How Do I Let Go Earth, Wind & Fire, (Phats & Small Remix) - September '99 Choice Vibe - Parrrty Down	House drills ideas
	Performance routine	Jax Jones, Mike Dunn, MNEK - House Work Dennis Ferrer- Hey Hey (Radio Edit) Dennis Ferrer - How Do I Let Go	New Wave - dp Kids Kyusyu Kids Unit House Dance Japan House Dance Beginner Class
	Cool down	Reel People - Golden Lady Reel People, Vanessa Freeman - The Light	
	Homework and contingency	What is house dance?	What is House Dance? House Dance Origins



Breaking

Activity	Suggested music tracks Recommended beats per minute (bpm) 100-130	Web Links
Warm up	Aerosmith - Walk This Way The Honeydrippers - Impeach The President Chuck Brown and the Soul Searchers - Bustin' Loose DJ Nas'D- Taken from the Street - Blockparty	Just Dance 3 Just Dance 2014
Technical skills	FU-Schnickens - Breakdown Lyn Collins - Rock me again & again James Brown - Get on the good foot Justice - Genesis	Soul Mavericks Crew - Bboy Conditioning and Strength exercises Breakdance Tutorial for Beginners Concepts and Drills for Beginners
Performance routine	Run DMC - It's Like That Frankie Vallie & The Four Seasons (or Madcon) - Beggin' House of Pain - Jump Around Fresh Beat MCs - Ice Ice Baby	J Crew Hip-hop Kids Dance Indonesia
Cool down	Pete Rock - A little Soul Blackbyrds -Rock Creek Park	
Homework and contingency	Films-Beat Street, Breakin', Breakin'2 Electric Boogaloo, Step Up, Stomp The Yard	BBoys - A History of Breakdance - Rocksteady Crew, The Origins



Inspirational Street Dance Video links

Nicole Laeno	Nicole Laeno - X (Equis) - Nicky Jam & J Balvin - Choreo by Matt Steffanina Top Off - DJ Khalid feat JayZ, Future & Beyonce - Choreo by David Moore
Kaycee Rice and Sean Lew	Kaycee Rice 2018 Dance Compilation World of Dance 2018 - Sean Lew and Kaycee Rice
Shaden Gabriel	Shaden Gabriel - Humble - Kendrick Lamar - Choreo by Nika Kljun
Jabbawockeez	Jabbawockeez You Tube Channel
Diversity Juniors (DVJ)	DVJ Storm the Stage - BGT 2018
Grade School Dance Battle	Boys vs Girls - We Came To Dance
BBoy Powermoves	Best in the World Compilation
Lazarus	Lazarus