

 **rockschool**<sup>®</sup> **My Practice Poster**  
Keep track of your weekly practice

**Monday**

**Tuesday**

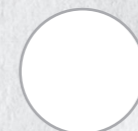
**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**



**What did you do well in your lesson this week?**

Large empty rounded rectangular box for writing answers to the question above.

**What is one thing you are working on this week?**

Large empty rounded rectangular box for writing answers to the question above.

